

Philmont Trail Meals 2004

BREAKFAST #1

Instant Oatmeal
Gorp
Summer Sausage
Nature Valley Granola Bar, maple
Hot Cocoa

LUNCH #1

Canned Chicken
Saltine Crackers
Tropical Gorp
Chips Ahoy Cookies
Gatorade

SUPPER #1

Spaghetti w/Meat Sauce
Corn
Bread Sticks
Chips Ahoy Cookies

BREAKFAST #2

Granola (French Vanilla)
Apricots
Cliff Bar (chocolate chip/peanut)
Lawry's Original Jerky
Gorp

LUNCH #2

Tuna Fish
Club Crackers
Apple Sauce cinnamon
Tropical Gorp
Gatorade

SUPPER #2

Home-style Chicken
Green Beans
Pilot Biscuits
Chocolate Cheese Cake

BREAKFAST #3

Dry Cereal (Lucky Charms)
Power Bar Bites oat/crisp
Gorp
Raisins
Pepperoni Sticks

LUNCH #3

Peanut Butter w/Grape Jelly
Graham Crackers
Chex Snack Mix
Fruit Leather, Tropical
Gatorade

SUPPER #3

Black Beans and Rice
Bread Sticks
Rice Crispy Treat
Corn Nuts

BREAKFAST #4

Cereal Bar (Honey Nut Cheerios)
Tropical Gorp
Pop Tarts – strawberry
Summer Sausage
Pineapple/Blueberry Combo

LUNCH #4

Jalapeno Cheese Spread
Townhouse Crackers
Cliff Bar – Crunchy PB
Oreo Cookies
Gatorade

SUPPER #4

Chicken and Rice Dinner
Ramen Noodles
Vanilla Pudding
Apple Rings

BREAKFAST #5

Maple Almond Granola
Lawry's Beef Jerky
Harvest Power Bar -strawberry
Tropical Gorp
Sunflower Kernels

LUNCH #5

Canned Ham
Club Crackers
Fruit by the Foot
Nutter Butter Cookies
Gatorade

SUPPER #5

Chili Macaroni
Mashed Potatoes (butter)
Cheese Nips
Oreos

BREAKFAST #6

Oatmeal Crisp Bar – strawberry
Gorp
Honey Turkey Stick
Power Bar Bites – Choc Chip
Pineapple Chunks

LUNCH #6

Cheddar Cheese Spread
Townhouse Crackers
Gatorade Energy Bar
Tropical Gorp
Gatorade

SUPPER #6

Beef Stroganoff w/noodles
Mashed Potatoes (garlic/herb)
Bread Sticks
Elfin Grahams

BREAKFAST #7

Instant Oatmeal
 Pop Tarts – brown sugar cinnamon
 Chewy Granola Bar–Peanut Butter
 Cranberries
 Hot Cider

LUNCH #7

Peanut Butter w/Strawberry Jelly
 Graham Crackers
 Gardettos Snack Mix
 Gatorade

SUPPER #7

Hawaiian Chicken
 Green Beans
 Bread Sticks
 Chips Ahoy Cookies

BREAKFAST #8

Granola Cereal (Supper Nutty)
 Tropical Gorp
 Gatorade Bar – Peanut Butter
 Pepperoni Sticks
 Honey Roasted Sunflower Kernels

LUNCH #8

Tuna Fish
 Saltine Crackers
 Honey Ham Stick
 Rice Krispy Treats
 Gatorade

SUPPER #8

Lenardo de Feticini
 Pilot Biscuits
 Mashed Potatoes (bacon/cheddar)
 Chocolate Cheese Cake

BREAKFAST #9

Dry Cereal (Cheerios)
 Pop Tarts – blueberry
 Gorp
 Lawry's Beef Jerky

LUNCH #9

Peanut Butter
 Club Crackers
 Fig Newtons
 Pepperoni Sticks
 Gatorade

SUPPER #9

Chicken Teriyaki
 Ramen Noodles
 Oreos
 Apple Sauce Raspberry

BREAKFAST #10

Granola Cereal - Blueberry
 Tropical Gorp
 Cereal Bar – Cinnamon Toast
 Summer Sausage
 Honey Roasted Sunflower Kernels

LUNCH #10

Cheddar Cheese Spread
 Townhouse Crackers
 Nutter Butter Cookies
 Gorp
 Honey Turkey Sticks

SUPPER #10

Macaroni and Cheese Dinner
 Pilot Biscuits
 Cheese Cake